			The second secon		
WEEK 2	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Traditional cottage pie	Pork sausage with creamy mash potato & gravy	BBQ chicken 50/50 rice	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Marinated Quorn™ pitta with baked potato wedges	Vegetarian cottage pie	Vegan sausage & mash potato with gravy	BBQ Quorn 50/50 rice	Quorn™ nuggets with chunky chips
ACCOMPANIMENTS 5	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Peas & baked beans Salad bar
DESSERTS	Lemon cake	Fruit crumble & custard	Flapjack	Jam & coconut sponge	Chocolate cookie
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



Try something NEW today... Variety is key to a healthy diet.















KEY 5 - 10F YOUR 5 A DAY MEAT-FREE MONDAY - CHEF'S CHOICE PB - PLANT-BASED (VEGAN)