

## Bramble Primary Academy - PE Curriculum Journey Map (2023/24)

Year Group	Concepts / NC Aims	PE Pillars of Progression (Ofsted, 2022)	Autumn		Spring		Summer		National Age-Related Expectations EYFS ELGs / NC Attainment Targets
			Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
R	Personal, Social and Emotional Development  Physical Development  Expressive Arts and Design	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg);">Including Context-Specific</div> <div style="writing-mode: vertical-rl; transform: rotate(180deg);">Motor Competence (Fundamental Movement Skills)</div> <div style="writing-mode: vertical-rl; transform: rotate(180deg);">Simple Tactics</div> <div style="writing-mode: vertical-rl; transform: rotate(180deg);">Rules, Strategies and Tactics</div> <div style="writing-mode: vertical-rl; transform: rotate(180deg);">Healthy Participation</div> </div>	First PE (Early Years - EY) PPP	Enjoy A Ball (EY) PPP	FMS: Football FUNDamentals (EY) PPP	PPP FMS: Multi-Skills (EY) PPP	FMS: Athletic Skills – Athletics (EY) PPP	Develop Ball Skills through Tennis Skills (EY) PPP	<p><b>PSED ELG:</b> Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly</p> <p>Manage their own basic hygiene and personal needs, including dressing</p> <p>Work and play cooperatively and take turns with others.</p> <p><b>PD ELG:</b> Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>Demonstrate strength, balance and coordination when playing.</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> <p><b>EAD ELG:</b> Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music.</p>
			FMF: Movement to Music: Dance - Jungle (EY) PPP	FMS Gymnastics (EY) PPP	FMF: Movement to Music: Dance-Super Hero (EY) PPP	FMF: Movement to Music: Dance – Fairy Tale (EY) PPP	FMF: Movement to Music: Dance-Word Moves (EY) PPP	FMF: Movement to Music: Dance - Seaside (EY) PPP	
1	Develop competence to excel in a broad range of physical activities.		Outdoor and Adventurous Activities (Yr1) PPP	FMF: Dance -Olympics PPP	FMS: Gymnastics (Yr1 lessons 1-6) PPP	FMS: Ball Skills (Yr1 – Lessons 1-6) PPP	Running, Jumping and Throwing Skills: Athletics (Yr1 Learning Intentions) PPP	Developing less traditional Activities: Yoga (Yr1 Learning Intentions) PPP	Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
			Team Games: Football FUNDamentals (Yr1) PPP	Team Games Rugby Fundamentals PPP (Yr1)	FMF: Dance - Space PPP	Multi-Skills (Yr1 – Learning Intentions) PPP	Net/ Wall Games Tennis (KS1 – Yr1 Learning Intentions) PPP	Striking & Fielding Games Kwik Cricket (KS1 - Yr1 Learning Intentions) PPP	
2	Are physically active for sustained periods of time.		Outdoor and Adventurous Activities (Yr2) PPP	FMF: Dance – Fire of London (or pick topic) PPP	FMS: Gymnastics (Yr2 Lessons 1-6) PPP	FMS Ball Games (Yr2 lessons 1-6) PPP	Athletic Skills: Athletics (Yr2 Learning Intentions) PPP	Developing less traditional Activities: Yoga (Yr2 Learning Intentions) PPP	They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
			Team Games: Football FUNDamentals (Yr2) PPP	Team Games Rugby Fundamentals PPP (Yr2)	FMF: Dance - Winter (or pick topic) PPP	Multi-Skills (Yr2 – Learning Intentions) PPP	Net / Wall Games Tennis (KS1 - Yr2 Learning Intentions) PPP	Striking & Fielding Games Kwik Cricket (KS1 - Yr2 Learning Intentions) PPP	
3/4	Engage in competitive sports and activities.		Swimming	Swimming	Swimming	Outdoor and Adventurous Activities (Yr3/4) PPP	Athletics (KS2 - Yr3/4 Learning Intentions) PPP	Developing less traditional Activities - Dodgeball (KS2 – Yr3/4 Learning intentions) PPP	Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
			Invasion Games Football (KS2 – Yr3/4 Learning intentions) PPP	Invasion Games Tag-Rugby (KS2 – Yr3/4 Learning intentions) PPP	Gymnastics (Yr3/4) PPP	Dance Dance – Tudors (or pick topic) PPP	Net / Wall Games Tennis (KS2 - Yr 3/4 Learning Intentions) PPP	Striking & Fielding Games Kwik Cricket (KS2 – Yr3/4 Learning intentions) PPP	
5	Lead healthy, active lives.		Outdoor and Adventurous Activities (Yr5) PPP	Dance – Romans (or pick topic) PPP	Gymnastics (Yr5) PPP	Indoor Athletics (Yr5 Learning Intentions) PPP	Athletics (KS2 – Yr5 Learning Intentions) PPP	Developing less traditional Activities - Dodgeball (KS2 – Yr5 Learning intentions) PPP	They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
			Invasion Games Football (KS2 – Yr5 Learning intentions) PPP	Invasion Games Tag Rugby (KS2 – Yr5 Learning intentions) PPP	Invasion Games Basketball (KS2 – Yr5 Learning intentions) PPP	Developing less traditional Activities: Yoga (Yr5 Learning Intentions) PPP	Net / Wall Games Tennis (KS2 -Yr 5 Learning Intentions) PPP	Striking & Fielding Games Rounders (KS2 – Yr5 Learning intentions) PPP	
6			Outdoor and Adventurous Activities VS (Class 20)	Dance – Martial Arts (or pick topic) PPP	Gymnastics (Yr6) PPP	Indoor Athletics (Yr6 Learning Intentions) PPP	Athletics (KS2 – Yr6 Learning Intentions) PPP	Developing less traditional Activities - Dodgeball (KS2 – Yr6 Learning intentions) PPP	<p><b>Swimming and water safety</b></p> <p>Swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</p> <p>Perform safe self-rescue in different water-based situations.</p>
			Invasion Games Football (KS2 – Yr6 Learning intentions) PPP	Invasion Games Tag Rugby (KS2 – Yr6 Learning intentions) PPP	Invasion Games Basketball (KS2 – Yr6 Learning intentions) PPP	Developing less traditional Activities: Leadership (Yr6 – Lessons 1-6) PPP	Net / Wall Games Tennis (KS2 -Yr 6 Learning Intentions) PPP	Striking & Fielding Games Rounders (KS2 – Yr6 Learning Intentions) PPP	
KS3 AIMS	<p>Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities.</p> <p>They should understand what makes a performance effective and how to apply these principles to their own and others' work.</p> <p>They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.</p>								