

This year we are excited to have a performance from Mansfield based Theatre Company, Unanima. The cast are exclusively learning disabled and/or autistic and use their lives and experiences to inform the performances they create, as they seek to stimulate social change. This will be followed by a Question-and-Answer session with the cast.

Information will be available on a range of services, support groups and leisure opportunities for children and young people with additional needs and their families. With representatives from Ask Us, SEND Local Offer and Parent Carer Forum on hand to provide signposting and guidance on the day.

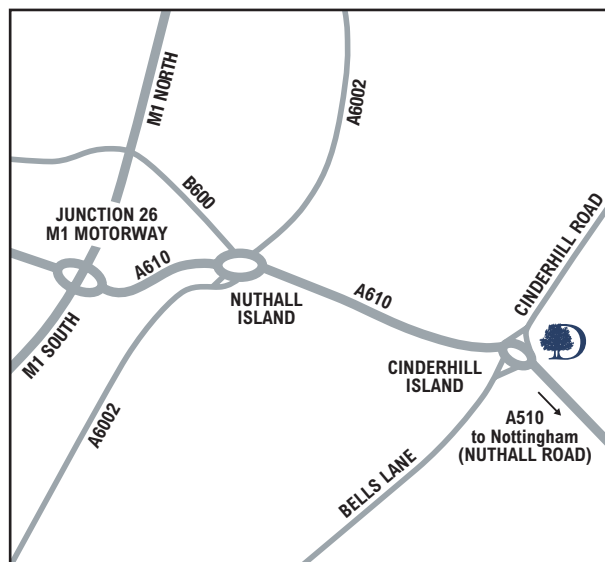
Layla Brailsford, one of the County Council's Senior Benefits Advisors will be available in Acorn Room 1. If you wish to book a slot during the breaks in the conference to ask her any questions, please register an interest when you sign in on the day.

And finally... there will be an opportunity at the end of the event to gather information, speak to workshop providers and ask any outstanding questions that you may have.

### Childcare Costs

You may claim additional childcare costs incurred as a result of attending the conference.

A receipt from a registered provider will be required for audit purposes. **(Maximum of £40.00 per family).**



Doubletree by Hilton Nottingham  
– Gateway Hotel, Nuthall Road,  
Nottingham NG8 6AZ

The hotel is located on the A610, 1 mile from Junction 26 of the M1 motorway, and 3 miles from Nottingham city centre, with 200 free car parking spaces on site. It has good public transport links with bus stops nearby that connect to the city, and Phoenix Park tram stop located less than half a mile from the hotel. Nottingham train station is located 4 miles away.

Please note that priority will be given to parents and carers who have not attended this conference before.

# Including Parents Conference

This is a free conference for parents and carers of children and young people up to the age of 19 with additional needs, who are resident in Nottinghamshire or whose child attends a Nottinghamshire school.

Presented by  
**Schools and Families  
Specialist Services**



**Thursday 2 May 2024**  
**9am - 3pm**

at the Doubletree by Hilton Nottingham  
Gateway Hotel, NG8 6AZ  
**Bookings go live on 4 March 2024 at 8am**



W [nottinghamshire.gov.uk](http://nottinghamshire.gov.uk)

T 0115 854 6464

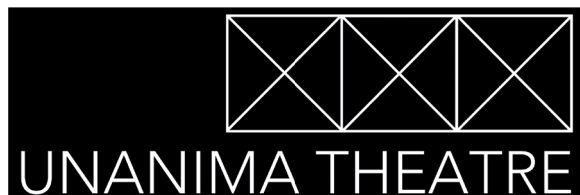
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## Keynote Performance: Unanima Theatre Company



Unanima is an arts organisation that provides a variety of creative, cultural and campaign opportunities for learning disabled and/or autistic people in and around Mansfield & Ashfield.

Unanima is a National Portfolio Organisation for the Arts Council, and a charity that is run by co-CEOs Tracy Radford and Dr. Brad English, and governed by a trustee board, that proudly has learning disabled representation on it.

Through compelling performances that invite audiences to laugh, ponder and wonder, we seek to stimulate social change.

We are becoming increasingly intolerant of learning disabled and / or autistic people remaining segregated, overlooked and infantilised by society and we will continue to produce art that sparks solutions until this has stopped.

## Programme of the day

- 8:45** Registration
- 9:30** Welcome and Introduction
- 9:35** **Keynote Performance + Q & A:**  
**Unanima Theatre Company**
- 10:20** Refreshment Break
- 10:40** **Workshop 1**
- 12:10** Lunch
- 1:10** **Workshop 2**
- 2:40** Providers & Professionals  
available for questions
- 3:00** Close

## Workshop details

### Emotionally Based School Avoidance

Understanding what Emotionally Based School Avoidance means and how adults can work together to support children in this area.

*Workshop Provider: Educational Psychology Service, Nottinghamshire County Council*

### Mindfulness

Making time for you in a busy world.

*Workshop Providers: Julie Rastall and Louise Grafton, Parents*

### SEN Support

Overcoming barriers to inclusion through the graduated response and approach to SEND.

*Workshop Providers: Cognition and Learning Team, Nottinghamshire County Council*

### Interoception

Interoception is the sensory system that gives us the information about our internal body condition e.g. when we're hungry, thirsty, need the toilet, hot or cold, anxious, angry or happy. This is an introduction to an emotional regulation programme designed to teach your child how to recognise their internal body sensations.

*Workshop Provider: Communication and Interaction Team, Nottinghamshire County Council*

### Understanding Behaviour and how we can respond.

Exploring causes and responses to a range of behaviours and crisis points.

*Workshop Provider: Lead Physical Intervention Co-ordinator, Nottinghamshire County Council*

## How to book

[www.eventbrite.co.uk](http://www.eventbrite.co.uk)

- 1 Click on 'search for events' – Including Parents Conference'
- 2 Choose a location – 'Nottingham'
- 3 Filters select date – Pick a date – 2 May 2024
- 4 Click – Search
- 5 Click – Tickets
- 6 Enter Access Code – SFSS2024
- 7 Click – Apply
- 8 Click – Register
- 9 **Complete your registration details and preferences in order (1-5)**
- 10 Click – Register

*All Information provided is confidential*

### Workshop choices available:

We will do our best to allocate you to your 1st and 2nd choices, but we cannot guarantee this. It is important that you also identify your 3rd – 5th for this reason.

- Emotionally Based School Avoidance.
- Mindfulness.
- SEN Support.
- Interoception.
- Understanding Behaviour and how we can respond.

Please state any special requirements you may have.

You will receive an email confirming your booking.

**If you have difficulties booking, contact:**

Trudi Hodgson, SFSS

T: 0115 854 6464 E: [sfss.sjrw@nottscc.gov.uk](mailto:sfss.sjrw@nottscc.gov.uk)